

# Health History

To ensure your well-being while undergoing treatment in our office, please answer the following questions in detail. All information will be considered confidential. Thank You

Today's Date: \_\_\_\_\_

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
 Physician's Name: \_\_\_\_\_ Address: \_\_\_\_\_  
 Physician's Phone: \_\_\_\_\_  
 Most recent visit to physician? \_\_\_\_\_ Reason: \_\_\_\_\_

**(Please Circle One)**

Do we have your permission to consult with your physician? YES NO  
 Are you currently seeing a physician for treatment of a recent or ongoing medical condition? YES NO  
 If yes, for what condition: \_\_\_\_\_  
 When was your last complete physical including bloods tests? \_\_\_\_\_  
 Have you been hospitalized or had a serious illness within the last year? YES NO  
 If yes, please explain: \_\_\_\_\_  
 Have you ever been advised to take antibiotics before a dental appointment? YES NO  
 If yes, please explain: \_\_\_\_\_  
 Have you had any serious medical trouble associated with any dental experience? YES NO  
 If yes, please explain: \_\_\_\_\_

**PLEASE MARK ANY PAST OR CURRENT CONDITIONS:**

Jaw Joint Pain	YES	NO	Impaired Eyesight/Glaucoma	YES	NO
Arthritis	YES	NO	Hearing Aid/Hearing Disorder	YES	NO
Venereal disease	YES	NO	Kidney Condition: Shunt/ Dialysis	YES	NO
Epilepsy/seizures	YES	NO	Frequent Mouth Sores or Lesions	YES	NO
Ulcers	YES	NO	Positive HIV; AIDS ;AIDS related complex	YES	NO
Osteoporosis/osteopenia	YES	NO	Autoimmune disorder	YES	NO
Organ transplant	YES	NO	Parkinson's Disease	YES	NO
Depression/Anxiety	YES	NO	Drug/Alcohol addiction	YES	NO
Severe Headaches/Migraines	YES	NO	Steroid (prednisone cortisone) Therapy	YES	NO

Artificial Joint(s) YES NO  
 If yes, which joint(s): \_\_\_\_\_ Date of Replacement(s)? \_\_\_\_\_

Liver Condition YES NO  
 If yes, Indicate condition(s) (circle) Jaundice; Cirrhosis; Hepatitis Type A, Type B, Type C, Non-specific

Cancer YES NO  
 If yes, type: \_\_\_\_\_  
 Treatment (circle all that apply) Surgical      Chemotherapy      Radiation

**Endocrine:**

Thyroid Disease YES NO  
 Diabetes: YES NO  
 If yes, complete the following: Your last Hemoglobin A1c: \_\_\_\_\_  
 (circle) Type I Type II How often do you have HbA1c tested? 3mo 6mo 12mo  
 Do you require Insulin? YES NO How often do you check your blood sugar? \_\_\_\_\_

**Circulation:**

Arterio/atherosclerosis	YES	NO	Heart Surgery: <b>(circle)</b> Bi-pass, Valve, Other	YES	NO
High Cholesterol	YES	NO	Rheumatic Fever; Rheumatic Heart Disease	YES	NO
High/Low Blood Pressure	YES	NO	Pacemaker If yes, date placed: _____	YES	NO
Mitral Valve Prolapse	YES	NO	Heart Attack(s) If yes, date: _____	YES	NO
Heart Murmur	YES	NO	Stroke	YES	NO
Angina (chest pain)	YES	NO	Blood/Bleeding disorder	YES	NO
Congestive Heart Failure	YES	NO	Congenital Heart Defect	YES	NO

**Respiratory:**

Chronic Lung Disease	YES	NO	Tuberculosis	YES	NO
Asthma	YES	NO	Ever Exposed to TB	YES	NO
Hay Fever/Allergies	YES	NO	Persistent Cough or Cough up Blood	YES	NO
Emphysema	YES	NO	Chronic Sinus	YES	NO

**Current** Use of Tobacco

YES NO  
 If Yes, type: (circle) Cigarettes Snuff/Chew Cigar Pipe  
 If yes, How much per day \_\_\_\_\_ Years of Use \_\_\_\_\_

**Past history** of Tobacco Use? YES NO If yes, when quit \_\_\_\_\_

**Allergies:**

If allergic or have had previous reactions to the following **(Circle any/all that apply)**

Aspirin Penicillin Tetracycline Erythromycin Sulfa Latex Codeine Barbiturates  
 Tranquilizers Dental anesthetic Other: \_\_\_\_\_

Have you ever had an adverse reaction (nausea, dizziness, hives, rash, difficulty breathing, etc.) with any medicine? YES NO If yes, please explain: \_\_\_\_\_

Do you have any medical problem condition not listed that you feel we should know about? YES NO  
 If yes, explain \_\_\_\_\_

**Woman Only:**

Are you currently pregnant: YES NO If yes, expected delivery date: \_\_\_\_\_  
 Are you nursing: YES NO Are you going or gone through menopause YES NO

**Sleep:**

Please circle your condition, using Epworth's 0-3 Sleepiness Scale, during the following activities

0 = Would never do 1 = Slight chance of dozing 2 = Moderate chance of dozing 3 = High chance of dozing

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|--|---|---|---|---|
| 1. Sitting and reading                                 | 0 | 1 | 2 | 3 |
| 2. Watching television                                 | 0 | 1 | 2 | 3 |
| 3. Sitting inactively in a public place                | 0 | 1 | 2 | 3 |
| 4. As a passenger in a car for an hour without a break | 0 | 1 | 2 | 3 |
| 5. Lying down to rest in the afternoon                 | 0 | 1 | 2 | 3 |
| 6. Sitting and talking to someone                      | 0 | 1 | 2 | 3 |
| 7. Sitting quietly after lunch w/o alcohol             | 0 | 1 | 2 | 3 |
| 8. Driving a car stopped in traffic or at a stop light | 0 | 1 | 2 | 3 |

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|--|-----|----|
| 9. Have you ever been told you snore?                | YES | NO |
| 10. Do you wake up tired or fatigued?                | YES | NO |
| 11. Do you have morning tension / migraine headaches | YES | NO |

12. Have you been diagnosed with:  
*Chronic Fatigue Syndrome, Irritable Bowel Syndrome, Fibromyalgia, Temporomandibular Syndrome*  
 13. Any additional comments that may be helpful?

Are you currently receiving **intravenous** Bisphosphonates? YES NO  
 If yes, for how long: \_\_\_\_\_

Are you currently taking **oral** Bisphosphonates (Fosamax, Actonel, Boniva)? YES NO  
 If yes for how long: \_\_\_\_\_

Have you been treated with this type of medication in the past? YES NO

**Herbal Medications/Supplements/Prescriptions:**

Are you taking any of the following herbal medications supplements? **(Circle any/all that apply)**

Echinacea      Licorice      Ginseng      Ephedra/Ma huang      Garlic/ajo      St. John's Wort  
 Ginkgo      Valerian      Ginger      Feverfew      Coenzyme/Q10      Goldenseal  
 Saw Palmetto

Please list all: Prescription medications, herbal medications (other than indicated above) & vitamins or supplements that you are currently taking.

Name of medication	Dosage	Condition/Reason you are taking